



## **Resolute Health**

- Consultancy**
- Training**
- Research**
- Personal & Professional Development**

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Alan is a health promotion specialist and has a background in both general and mental health nursing. He specialised in working with people living with cancer, people with behavioural difficulties and those affected by HIV infection.

He has extensive experience in research, developing people and organisations, training, working with the media, lobbying and advocacy work.

His main area of study is health promotion having completed an MSc dissertation entitled 'a phenomenological study of the factors relating to men accessing a service for the early detection of prostate cancer and the implications for health promotion planning'. He had a paper on this published in an international journal and is seen as a leading expert in men's health matters.

Alan lives in Belfast and is an independent healthcare consultant leading Resolute Health.